



**Sheeba Joseph, MD, MS, FAAOS** is a board-certified, fellowship trained orthopedic surgeon who's been providing care at MSU Health Care Sports Medicine & Orthopedic Center since 2018. A Michigan native, Dr. Joseph graduated from the Battle Creek Area Mathematics and Science Center through Pennfield High School.

As an undergraduate at Case Western Reserve University in Cleveland, Ohio, she graduated summa cum laude. She remained at Case to earn her Master of Science in Applied Anatomy, Doctorate in Medicine and Orthopedic Surgical residency training. From there, Dr. Joseph completed an Orthopedic Sports Medicine Surgery Fellowship at the University of Connecticut, training with many of the leading innovators in ACL reconstruction, AC joint reconstruction, shoulder and patellofemoral instability, hip impingement/arthroscopy and fracture care. Dr. Joseph has published research and book chapters and given talks on hip sporting injuries and treatments, ACL reconstruction and rehabilitation, shoulder biomechanics and treatments, and novel techniques for understanding and performing patellar stabilization.

Throughout her training, Dr. Joseph has cared for athletes at sporting activities from high school football to Division I and Division III collegiate football, field hockey, and men and women's soccer, ice hockey, and basketball. She also provided medical coverage at the Cleveland Marathon and the NCAA Women's Basketball Tournament. In Lansing, she has cared for MSU athletes, Holt High School student athletes, and the Lansing Lugnuts baseball team.

**Specialty**

Orthopedic Surgery / Sports Medicine

**Medical Degree**

Case Western Reserve University School of Medicine, Cleveland, OH

**Residency**

Orthopedic Surgery, University Hospitals - Case Western Reserve University, Cleveland, OH

**Fellowship**

Orthopedic Sports Medicine, University of Connecticut Health Center, Farmington, CT

**Affiliations**

McLaren Greater Lansing Sparrow Health System  
Michigan Surgical Center  
Red Cedar Surgery Center

**ORTHOPEDIC SURGERY / SPORTS MEDICINE**

Shoulder, elbow, hip, knee and ankle surgery

Adult and pediatric / adolescent sports injuries

Rotator cuff tears

Hip impingement / hip labrum tears

Shoulder instability / dislocations

Meniscus injuries

Knee cartilage restoration / preservation

Knee ACL / multi-ligament reconstruction

Patellofemoral Instability

Quadriceps / patella / achilles tendon repair

Fracture surgery

**Clinic Information**

**MSU Health Care Sports Medicine & Orthopedic Center**  
4660 S. Hagadorn Rd, Ste 420  
East Lansing, MI 48823  
517-884-6100  
[healthcare.msu.edu](http://healthcare.msu.edu)

**Hours**

Monday through Friday  
8:00 a.m. - 5:00 p.m.